

Middle School Handbook



2019-2020

School Office 818-528-7000

Web Site www.hesbyoaks.com (school)

www.hesbyoaks.org (HIP)

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After School Activities

Youth Services: Supervised recreation activities are provided in a safe environment for our 2nd-8th grade students on the playground every day at no charge. This is a permissive program. **Families have to register with the Youth Services program on campus to be eligible to stay after school.** All students participating in the program must abide by the rules and regulations of Hesby Oaks and Youth Services. Students need to stay on the playground until they are picked up. No one is allowed to walk around the campus without Y.S. supervision. No student is permitted to exit the campus for any reason and return back to the Y.S. program for that day.

The hours are:

Regular Days	3:03 – 6:00 p.m.	Shortened Days	1:45 – 6:00 p.m.
Minimum Days	12:30 – 6:00 p.m.	Early Tuesdays	1:36 – 6:00 p.m.

STUDENTS NOT FOLLOWING SCHOOL RULES AND REGULATIONS WILL NOT BE PERMITTED TO STAY OR PARTICIPATE IN THE AFTER SCHOOL ACTIVITIES.

GOAL (Great Opportunity to Achieve Learning) – See GOAL section of Handbook

E3 (Enrichment Educational Experiences): Enrichment Education Experiences / E3. See brochure in the Main Office or on the school's website at Academics -> After School Enrichment for more information.

HIP Kids Enrichment: An after school enrichment program provided for a fee. Information is sent home in Tuesday packets and posted on the school's website.

After School Pick-Up (Afternoons)

All students will be dismissed to the front of the school. Parents will enter the driveway and pull forward to the loading/unloading area on the right of the driveway. Students will need to enter their vehicles carefully from the passenger side only. The bus pick-up will be at 1:45 p.m. on Tuesdays and 3:03 p.m. Mondays, Wednesdays through Friday in the bus zone on Hesby Street.

To ensure a safe and efficient transition, **there will be no parking by the loading/unloading side of the driveway.** Driver of the vehicle has to be in the vehicle while the vehicle is stopped at the loading/unloading area on the right of the driveway. Please display your handicap plaque when parked in the handicap zone.

Agenda Book

Within the first week of school, all students are provided with an agenda book. This agenda book is used to record homework assignments, the dates of upcoming tests, quizzes, and projects. Ask your child to see their agenda book as **this is the most accurate and updated record of all class assignments and an excellent communication tool** for you to understand what is expected of your child.

Attendance & Truancy Policy

ATTENDANCE

It is important that you child attend class each school day. **The LAUSD goal is for all students to attend school 96% of the time or better, having no more than 5-7 absences per school year.** When it is necessary for a child to be absent, it is required that a note be brought to the office on the morning following the absence. In addition, please call the main office on the morning of the absence. Please see LAUSD handbook for more detailed information as LAUSD mandated attendance intervention protocols will be enforced for students with excessive absences.

Habits of promptness and regular attendance are established early in the child's school career. Please encourage and enable your child to arrive on time each day.

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Middle school students should line up in front of their first-period class. **If a student is tardy 3 times in a 5-week period, they receive a "U" in their first period class on their progress report.**

TRUANCY

Any student is truant if they are:

- Absent from school 3 days, without valid excuse, in one school year or
- Tardy for more than 30-minutes during the school day without a valid excuse on three occasions in one school year
- Any combination of the above.

All truant students will be reported to the School Attendance Review Board (SARB). Parents will be notified by mail.

Bicycle and Skateboard Policy

For their safety, only children in grades 4-8 may ride their **bicycles** to school if these conditions are met:

1. The bicycle has been licensed and registered.
2. The following safety rules are observed:
 - Bicycles must be walked on the school ground.
 - Bicycles will be parked in racks located near the kindergarten yard.
 - All bicycles must be locked.
 - Students must wear helmets. (IT IS THE LAW)

Skateboards cannot be used on campus. Students can ride their skateboard to school, but once on campus it must be located on the bike racks by the Kindergarten yard.

Birthdays

We do not celebrate birthdays during school hours. Please do not bring cupcakes, donuts or any food or drink items. A wonderful way to celebrate your child's birthday is to donate a book to the library and purchase a bookplate in their honor. Bookplates are placed inside the cover and will be seen by future readers. This will build our collection of library books and honor your child for their birthday.

Classmates can sing happy birthday to your child, if the teacher is notified in advance.

Breakfast & Lunch Program

Breakfast and lunch can be purchased every day using a cafeteria account or cash. Free or reduced meals can be provided to students that qualify by returning a completed meal application to the cafeteria. You can request an application from the school's Main Office, or find it online at <https://applyforlunch.com/Home/pickdistrict>. Pre-paid meals may be purchased in the cafeteria between 7:50-8:30 a.m. or online.

Meal Prices			
Breakfast	Reduced Breakfast	Lunch	Reduced Lunch
\$2.50	\$.30	\$3.25	\$.40

Each lunch comes with milk. Additional beverages can be purchased.

Meal Beverages Prices may change	
Additional Milk	\$.50
Orange Juice	\$.50
Apple Juice	\$.50
Water	\$1.00

Students are expected to follow all school rules during the lunch period.

Use Recycle bins when appropriate

Dispose of own trash

Use calm and appropriate language and voices

Use proper table manners

No glass containers

Remember that food is fuel for learning! Please eat healthy foods and avoid soda and candy

Food may be purchased from cafeteria, in the event student forgets to bring his/her own. The Main Office will not deliver food or personal items to classrooms.

Breakfast & Lunch Schedule

Breakfast Schedule	
Secondary Grades	10:04 a.m.–10:19 a.m.
Lunch Schedule	
Kindergarten	11:30–12:10
1 st , 2 nd , 3 rd Grades	11:40–12:20
4 th & 5 th Grades	12:00–12:40
6 th , 7 th , & 8 th Grades	12:23–12:53

Bullying

LAUSD is committed to providing a safe learning and working environment: will not tolerate bullying or any behavior that infringes on the safety or well-being of students, employees, or any other persons within the District’s jurisdiction; and will not tolerate retaliation in any form when bullying has been reported. This includes while in school, at school-related events, and traveling to and from school. District policy continues to require all schools and all personnel to promote mutual respect, tolerance, and acceptance among student and staff. “All students and staff of public primary, elementary, secondary, and senior high have the inalienable right to attend campuses which are safe, secure, and peaceful.” [Article 1, Section 28(c) of the California State Constitution]

Bullying is defined as continuous aggressive behavior that involves an imbalance of real or perceived physical or psychological power among those involved. Typically, the behavior is **repeated over time** and includes the use of hurtful words and/or acts. Bullying behaviors may include, but are not necessarily limited to the following:

- Verbal: Hurtful name-calling, teasing, gossiping, making threats, make rude noises, or spreading hurtful rumors.
- Nonverbal: Posturing, making gang signs, leering, staring, stalking, destroying property, using graffiti or graphic images, or exhibiting inappropriate and/or threatening gestures or actions.
- Physical: Hitting, punching, pushing, shoving, poking, kicking, tripping, strangling, hair pulling, fighting, beating, biting, spitting, or destroying property.
- Emotional (Psychological): Rejecting, terrorizing, extorting, defaming, intimidating, humiliating, blackmailing, manipulating friendships, isolating, ostracizing, using peer pressure, or rating or ranking personal characteristics.
- Cyber bullying: Sending insulting or threatening message by phone, e-mail, Websites, or any other electronic or written communication.

Administrators, staff, and parents are responsible for creating an environment where the school community understands that bullying behavior is inappropriate and will not be tolerated. Students must also take responsibility for helping to create a safe environment:

- Treat everyone with respect. Be sensitive as to how others might perceive your actions or words.
- Do not engage in or contribute to bullying behaviors, actions, or words.
- Report bullying behavior to a trusted adult.
- Never engage in retaliatory behavior or ask, encourage, or consent to anyone’s taking retaliatory action on your behalf.

Cell Phones

Students are permitted to use cellular phones or other electronic devices on campus before and after school ONLY. If a phone is observed by staff during school hours, it will be confiscated and must be redeemed by a parent or guardian from the office. Videotaping, without the permission of students or teachers, is prohibited by LAUSD policy and the law. Please help students follow the rules by not texting or calling your child during school hours.

ALL CELL PHONES MUST BE TURNED OFF AND STOWED AWAY DURING SCHOOL HOURS.

Classroom Placements

Students have been placed in classrooms based upon a number of factors. Parent requests for room changes will not be accepted. Some students have been placed in accelerated classes based on their academic performance. Based upon teacher assessment and student performance, some students may have their class placement changed at the quarter of the semester reporting period.

Classroom Visitations

You are welcome to visit and observe your child's classroom at any time. Per district policy, all visitors must check in and obtain a visitor's permit from the Main Office. For the safety of all students and staff, we need to know of all persons on school grounds. The visitation time is for observation only. Please do not interrupt the instruction for any reason. Please limit your time in the classroom to twenty minutes, not to affect the instruction and the classroom climate. Teachers are available for conferences outside of classroom hours.

Code of Conduct

Conduct NOT permitted:

- Bullying/intimidation
- Weapons possession
- Fights, threats, and/or violence
- Drug possession and/or sale of drugs
- Graffiti and/or vandalism
- Gang activity
- Cheating and/or plagiarism
- Forgery and falsification
- Sexual harassment and/or assault
- Blackmail and/or extortion
- Prejudice and hate crimes
- Robbery and stealing
- Fireworks and/or firecrackers

Conduct that IS permitted:

- Learning and following school and classroom rules
- Solving conflicts maturely, without physical or verbal violence.
- Keeping a safe and clean school, that is free from graffiti, weapons, and drugs.
- Being a good role model and helping to create a positive school environment.
- Reporting any bullying harassment, or hate-motivated incidents.
- Displaying good sportsmanship both on the athletic field and playground.
- Attending school on time, with books and supplies, and being prepared to learn.
- Keeping social activities safe.

Conference Period

Each Middle School teacher has a conference period. If you want to conference with a teacher regarding your child's progress or other issues, please contact the teacher and make an appointment to meet during their conference period.

Culmination (8th Grade) and 7th Grade Requirements

To be eligible to receive a Middle School diploma, participate in the Commencement Ceremony, and 8th grade trips and activities, students are required to meet the following criteria with the Fall and Spring report cards:

- Each class is given a value of 5 points.
- Students must earn 55 out of 60 possible points.
- Maintain a GPA (Grade Point Average) of 2.0 and above for the school year.
- Have no more than 2 "U"s from two different teachers.
- Thirty hours of GOAL will forgive one U.
- Students must not have more than six unexcused absences.
- Demonstrate satisfactory school citizenship.
- Clear all financial obligations, which may include lost and/or damaged textbooks or library fines.

Beginning with the Class of 2018, each 7th Grade class is given a value of 5 points.

- In 7th grade, students must earn 50 out of 60 possible points.
- Students must earn no more than three Us from three different teachers.
- Twenty-five hours of GOAL will forgive one U.
- Students must have a Grade Point Average of 2.0 or better.
- Students must not have more than six unexcused absences.
- Demonstrate satisfactory school citizenship.

Please discuss these requirements with your child and continue to monitor his/her progress throughout the year. If students do not meet these requirements, parents will be notified and students will receive additional support and counseling. Students not meeting requirements will be in a motivation/study skills class for Terrific Tuesdays. Culmination updates will be sent home throughout the year leading to the ceremony on the last day of school at 8:45 a.m.

Curriculum

6th Grade Curriculum
English/Language Arts
World History & Geography: Ancient Civilization
Mathematics
Earth Science & Health
Physical Education
Computer Coding/Creative Expressions (one semester each)

7th Grade Curriculum
English/Language Arts Common Core & Accelerated
World History & Geography: Medieval & Early Modern Times
Mathematics Common Core and Accelerated
Life Science & Health
Physical Education
Electives: Preferences will be considered for Drama, Leadership/Yearbook, Environmental/Marine Science & STEAM

8th Grade Curriculum
English/Language Arts Common Core & Accelerated
United States History
Mathematics Common Core and Accelerated
Physical Science
Physical Education
Electives: Preferences will be considered for Drama, Leadership/Yearbook, Environmental/Marine Science & STEAM

ACADEMIC STANDARDS

For a complete listing of all curriculum standards by grade level, visit the California Department of Education Web site: <http://www.cde.ca.gov/be/st/ss/>

Daily Schedule

MON/WED/THURS/FRI REGULAR DAY	
Class	Start-End Time
Period 1	8:00 – 8:57
Period 2	9:02 – 9:59
Nutrition	10:04 – 10:19
Period 3	10:19 – 11:16
Period 4	11:21 – 12:18
Lunch	12:23 – 12:53
Period 5	12:53 – 1:50
Period 6	1:55 – 2:52
Hm	2:52 – 3:03

EARLY TUESDAY BLOCK SCHEDULE	
Class	Start-End Time
Block A	8:00 – 9:10
Block B	9:15 – 10:25
Nutrition	10:25 – 10:40
Block C	10:45 – 11:55
Lunch	11:55 – 12:25
Advisory	12:30 – 1:36

MINIMUM DAY	
Class	Start-End Time
Period 1	8:00 – 8:35
Period 2	8:40 – 9:15
Period 3	9:20 – 9:55
Nutrition	9:55 – 10:10
Period 4	10:15 – 10:50
Period 5	10:55 – 11:30
Period 6	11:35 – 12:10
Hm	12:10 – 12:30

Dress Code

Per District Policy, all students are required to show proper attention to personal cleanliness, health, neatness, appropriateness, safety, and suitability of clothing and appearance for activities. The dress and grooming of the student shall not:

1. Cause destruction from or disturbance in any school activity or interfere with any student's participation in any school program.
2. Create a hazard to the safety of him/her or others.

Furthermore, students are not allowed to wear to school:

1. Hip-huggers, "hipsters", leggings, or below the waist pants that show undergarments.
2. Halter tops, undershirts, or tops with spaghetti straps.
3. Tops that expose the midriff.
4. Gang attire, hats, bandanas, shirts or tops that have sexually explicit, suggestive or derogatory/inflammatory phrases.
5. Revealing short skirts or shorts as judged by schools staff.
6. Long or hoop earrings.
7. Open topped sandals or roller shoes.
8. Hats or sunglasses worn indoors.

Please encourage your children to follow District and Hesby Oaks dress code.

If a school staff member judges a student's attire to be inappropriate, the student will be made to change into his/her gym clothes, or have clothes brought from home that are dress code appropriate.

Drop-Off (Mornings)

Supervision of students in grades K-8 begins at 7:30 a.m. Please do not drop off your child before 7:30 a.m. Students may be dropped off by entering the private driveway off of Firmament Avenue. Drive forward as much as possible and park safely by the loading/unloading area on the right. Instruct your child to exit out of your car by safely opening the passenger side door only. Be sure he/she has all of their belongings with them.

If you want to park and walk your child onto the playground area, please park on Aqueduct street after 7:30 a.m. or in the staff parking lot after 7:45 a.m., in order to provide sufficient spaces for the staff. To ensure a safe and efficient transition, there will be no parking by the loading/unloading side of the driveway. Please display your handicap plaque when parked in the handicap zone. Students coming on the bus through the PWT program will be dropped off on Hesby Street in the bus zone.

Secondary students are expected to enter through the main gain and go to their first period class.

Emergency Information

The information on the emergency card is used whenever the school needs to contact you during an emergency, if your child is ill, or has been hurt. There is also a medical release on this card in case immediate emergency treatment is required.

It is very important that our records be kept up to date.

Field Trips / Optional

6th Grade	Wolf Camp Students experience a blend of education and adventure emphasizing on self-development, esteem-building, and scholastic learning.
7th Grade	Pali Camp Pali Camp provides a unique learning experience that extends beyond classroom walls, that covers current curriculum topics in Outdoor Education, Science, and Leadership.
8th Grade	Washington D.C. Students travel to Washington D.C. to enrich curriculum. Informational meetings will be held in September and October to discuss details with the deadline to sign-up on November 1 st . This is not an LAUSD-sponsored trip, so the cost of the trip is to be paid by each family in total. HIP does offer work-study assistance for this trip, and the touring company offers limited scholarships.

Health Regulations

This summarizes laws and Los Angeles Unified School District policies and procedures regarding student health.

Medicines – Children **must not** carry medicines, asthma inhalers or over the counter medications including Tylenol, Aspirin or cough syrup to school.

Students who need to take prescribed medications during school hours **must have** parent or guardian signed request including the Private Physician's written instructions and signature on file in the office. (Request for Medication forms are available in the school office).

The medication must be brought to the Nurse's Office along with the required forms by the student's parent or guardian before it can be administered to the child.

HIP (Hesby Involved Parents)

HIP is the parents' organization at Hesby Oaks. The goals of HIP are to:

- Enrich the curriculum
- Plan extracurricular events
- Build new grade-level and school-wide traditions
- Bridge the gap between what LAUSD provides and the quality education experiences our children deserve

Homework

Homework is given to reinforce, extend or enrich skills that have been taught. Please provide your child with a quiet place to do homework. Please take the time to check your child's work when it is completed. The District guidelines suggest that homework may be assigned each day, Monday through Thursday and occasionally on Fridays and weekends, according to the following schedule:

6 th Grade	An <i>average</i> of 15 minutes per period or academic subject area
7 th Grade	An <i>average</i> of 30 minutes per period or academic subject area

Honor Roll

Principal's Honor Roll: 4.0 – 3.8

High Honor Roll: 3.79 – 3.5

Honor Roll: 3.49 – 3.0

Students on Honor Roll(s) will be recognized at Awards Assemblies and High Honor Roll students will have a luncheon at the end of each semester to celebrate their success.

Schoology

Schoology is our school wide online grading system that allows students and parents access to grades. Parents and students should rely on the Agenda Book for the most up to date information. If there is an issue, we respectfully ask that students own their education by coming to speak to the teacher about the assignment in question.

Please ensure your enrollment in the Parent Portal.

Lockers

Students will be assigned two lockers to use throughout the school year. The first is for their school-books, and the second is their gym locker. Students will be held responsible for keeping their lockers neat and clean.

It is important that students NOT share their lockers or locker combinations. Lockers may be searched at any time, and no level of vandalism will be tolerated. It is also important that students not keep any valuable items in their lockers. The school is not responsible for lost or stolen items.

LOCKERS ARE A PRIVILEGE, AND IF NOT USED APPROPRIATELY, WILL BE TAKEN AWAY.

YOU MAY NOT ADD PRIVATE LOCKS TO ANY LOCKER.

Material Drop-Off

To ensure uninterrupted teaching and learning in our classrooms, we are not delivering lunch, snacks, school supplies or money to students. Please ensure that you take care of all the students' school and personal needs the night before.

Model United Nations through HIP

The California YMCA & Government Model United Nations program is a simulation of the "real-life" United Nations Assembly. Delegates meet once a week, research debate and establish policies, treaties and resolutions focusing on international issues, including disputes between countries, peace-keeping responsibilities, border crisis, stabilizing financial markets and dealing with hunger, disease and poverty.

Parent Center

The Parent Center is equipped for all sorts of activities, events or meetings.

ALWAYS CLEAN UP AFTER USING THE PARENT CENTER.

Parent Communication

STAY INFORMED! Take advantage of these communication methods so you don't miss anything!

- **Web Site:** Visit www.hesbyoaks.org (HIP) or www.hesbyoaks.com (school) for cafeteria menu, school calendar, classroom web pages, and upcoming events
- **HIP Meetings:** HIP holds community meetings and the Hesby Academy; date and time are on the website calendar.
- **Email Blasts:** Sign up and open emails to get consistent information about all school events at www.hesbyoaks.org
- **Email:** Through the grade-level parents, you will receive emails throughout the year announcing upcoming events and other school and classroom information.
- **Schoology** – Ensure all contact information is up to date to receive information on your child
- **Textme.com** – Receive texts on upcoming assignments and important announcements

P.E. Clothing

P.E. uniforms are available and may be purchased in the main office. Hesby Husky P.E. clothes consist of a light gray T-shirt with the school mascot on the front and royal blue shorts. Shorts are available in 7" and 5" lengths. The cost of one shirt is \$8.00 and one pair of shorts is \$12.00.

Alternate same color P.E. clothes may be worn. Athletic shoes and socks must be worn.

Personal Property

The office of the Superintendent has asked that the following information be disseminated to parents regarding PERSONAL PROPERTY OF STUDENTS. The Los Angeles Unified School District does not provide insurance for loss or damage for personal property of students. Therefore, we discourage bringing personal property to school, particularly large sums of money, expensive clothing, jewelry, watches, phones, electronic devices, bicycles, and skateboard.

VALUABLES SHOULD NEVER BE LEFT IN SCHOOL DESKS OR LOCKERS. Many items of clothing, such as jackets or sweaters, are lost and turned in to the lost and found each day. Please label your child's clothing to be identified in the Lost and Found.

Parents, please stop by the Lost and Found to collect your child's lost clothes.

Unclaimed Lost and Found items will be donated to Good Will at the end of each month.

Progress Reports

Every 5 weeks progress reports are issued in Middle School. They go home with the students at the 5-week, 10-week, and 15-week intervals. The final grades are mailed home at the 20-week reporting period. Parents and students will also be able to keep track of grades and assignments through Schoology. Please ask to see progress reports on the following dates:

1 st Semester		2 nd Semester	
5-Week Progress	9/05/19	5-Week Progress	2/06/20
10-Week Progress	10/03/19	10-Week Progress	3/12/20
15-Week Progress	10/31/19	15-Week Progress	4/23/20
20 Report Card	12/12/19 (mailed home)	20 Report Card	6/12/20 (mailed home)

Release of Children

Please make doctor/dental appointments for after school hours or during vacation days so your child does not miss valuable instructional time. If it is necessary to take your child out of school during school hours as an emergency, please come to the main office to sign his/her release in the main office. Due to District Policy, we are not permitted to release children school hours to anyone except a parents or an authorized adult with a **valid California ID**. This regulation is for the safety and protection of your child. BE SURE YOUR CHILD'S EMERGENCY CARD IS KEPT UP TO DATE THROUGHOUT THE SCHOOL YEAR.

Safe Driving

The Los Angeles Police and School Police Departments patrol the school on a daily basis to help ensure pupil safety around the school especially at arrival and dismissal times. Citations may be issues for violations, including loading or unloading of students in the school parking lot, double parking, illegal U-turns, parking next to a red curb, parking in a handicap zone, speeding, and failure to make complete stops at stop signs. We urge parents to follow these and all traffic regulations for the safety of all.

School Buses

Students who ride school buses are expected to adhere to the same rules of conduct and behavior on the bus as in school. Any student who engages in misconduct, disrupts school bus travel, disrespects the school bus driver or jeopardizes the safety of school bus rides is subject to disciplinary action including suspension from the bus transportation.

School Hours

The office is open from 7:30 a.m. – 4.00 p.m., Monday–Friday. The yard is open until 6:00 p.m. for students in grades 2nd – 8th through Youth Services.

School Supplies

Students are expected to have all necessary materials for learning with them in each class. Please see the teacher if your child does not have the necessary school materials. Supply lists are available on teacher's websites and will be passed out in class. Additional supplies may be required during the school year.

Leadership

Leadership promotes leadership skills, school spirit, creates student-centered community services projects and implements school wide activities. There are elected positions: President, Vice President, Treasurer, Secretary, and Historian.

Terrific Tuesdays

Terrific Tuesdays are special days when time is devoted to acknowledging the hard work of students who are on-track to culminate and who are meeting the established academic standards for their grade-level. The winning House gets a pizza lunch and during Advisory, these students can select fun, educational, and unique classes to attend.

Textbooks

Each student is assigned their own set of textbooks. **Students must write their names in the books and take good care of them. Books must be covered.** If books are lost or damaged they must be replaced at your expense. Please discuss with your child the importance of taking care of all school materials.

Toys and Games

Toys and games are not permitted in school. If a staff member observes a toy or game during school hours, it will be confiscated and returned to a parent or a guardian.

Volunteers

Parents who want to volunteer in the classroom must complete a volunteer form, available in the main office. A Mantoux TB test is required.

Walking to School

The safety of our children is our number one priority. Please talk to your children and help them select the safest route to and from school. Stress to them the importance of crossing only at **marked crossroads**, to cross only on the proper signal light, to look both ways and be sure the road is clear before crossing. **Never** ask your child to jaywalk or to go into the roadway from between parked cars. Children **should not be dropped off or picked up** in the Staff Parking lot. This creates a **serious safety hazard**, since many vehicles enter and exit the school parking lot and the driveway.

Zero Tolerance

The Education Code states that the possession, sale, or furnishing of any knife, firearms, or drugs on school campus is grounds for suspension and/or expulsion. Please remind your children to follow District and School rules.

Growth Patterns: Physical

An 11 Year Old...	A 12 Year Old...	A 13 Year Old...	A 14 Year Old...
<ul style="list-style-type: none"> ▪ Likes to eat a lot ▪ Likes physical activity – constant motion, restless ▪ Likes to talk a lot ▪ Is more susceptible to colds and flu ▪ Needs more sleep ▪ Has good fine motor skills ▪ May experience a growth spurt – early adolescence for some girls ▪ May be physically aggressive 	<ul style="list-style-type: none"> ▪ Has high energy ▪ Needs a lot of rest ▪ Shows signs of puberty ▪ Experiences a growth spurt ▪ Majority of girls start menstruating ▪ Food important – especially mid-morning ▪ PE and sports valued 	<ul style="list-style-type: none"> ▪ Has high physical energy ▪ Has skin problems emerging ▪ Concerned with hygiene ▪ 95% of girls reach mature height ▪ Menstruation has begun for most girls ▪ Boy's voice changes ▪ Boy experiences a growth spurt 	<ul style="list-style-type: none"> ▪ Very energetic ▪ Would rather go to school than not be with friends ▪ Needs lots of exercise, snacks, and sleep ▪ Girls almost fully developed ▪ Growth spurts continue for boys, and their upper body strength begins to develop ▪ Both genders are more interested in sex; some are sexually active

Growth Patterns: Cognitive

An 11 Year Old...	A 12 Year Old...	A 13 Year Old...	A 14 Year Old...
<ul style="list-style-type: none"> ▪ Prefers new tasks and experiences ▪ Doesn't like to revise work ▪ Develops deeper deductive reasoning ▪ Develops hypotheses ▪ Can see world from various perspectives ▪ Loves to argue 	<ul style="list-style-type: none"> ▪ May show emerging ability in a particular skill or content area ▪ Can see both sides to an argument ▪ Interest in current events, politics, social justice, pop culture, materialism ▪ Study skills advance ▪ Organizational discipline 	<ul style="list-style-type: none"> ▪ Withdrawn and sensitive – protective of self-concept that is not fully formed ▪ Not willing to take big risks – tentative approach to difficult intellectual tasks ▪ Likes to challenge intellectual and social authority 	<ul style="list-style-type: none"> ▪ Better at figuring out cause and effect and abstract thinking ▪ More willing to admit an error and try something a second or third time ▪ Aware of problems in the world and invested in finding solutions ▪ Likes technology and learning how things work

Growth Patterns: Language

An 11 Year Old...	A 12 Year Old...	A 13 Year Old...	A 14 Year Old...
<ul style="list-style-type: none"> ▪ Discovers telephone ▪ May talk before thinking– impulsive ▪ Can be cruel ▪ Argumentative ▪ Appreciates humor ▪ Imitates adult language 	<ul style="list-style-type: none"> ▪ Sarcasm emerges ▪ Double-meaning, word play, jokes of intellectual interest ▪ Enjoys conversation with adults & peers ▪ Slang (peer vocabulary) important 	<ul style="list-style-type: none"> ▪ One-word answers to adult questions ▪ Peer language (slang) important ▪ Extreme language & volume in face of parental involvement ▪ Rudeness 	<ul style="list-style-type: none"> ▪ Concerned about using slang, but also wants to learn to communicate in adult world ▪ Engages in group discussions ▪ Interested in word meanings and in developing vocabulary

Growth Patterns: Social

An 11 Year Old...	A 12 Year Old...	A 13 Year Old...	A 14 Year Old...
<ul style="list-style-type: none"> ▪ Is moody ▪ Is sensitive ▪ May test limits ▪ May be oppositional ▪ Is impulsive ▪ May be rude or unaware ▪ Loves to argue ▪ May find it hard to make decisions ▪ Is self-absorbed ▪ May experience extreme emotions ▪ Seeks to belong–the beginning of cliques and feelings of being “in” or “out” of a group 	<ul style="list-style-type: none"> ▪ Adult personality begins to emerge ▪ More reasonable ▪ More tolerant than an 11 year old ▪ Enthusiastic ▪ Uninhibited ▪ Will initiate own activity ▪ Empathetic ▪ Self-aware ▪ Insightful ▪ Can set short-term goals ▪ Appears secure ▪ Peers more important than teachers 	<ul style="list-style-type: none"> ▪ Personal appearance must be NEAT, but personal environment does NOT ▪ Quieter than 12 or 14 year olds ▪ Likes to be home alone ▪ Feelings easily hurt ▪ Touchy– flaring anger ▪ Close friendships important for girls ▪ Boys hang in groups ▪ Electronic diversions a major time factor– TV, computer, etc. ▪ Becomes preoccupied with music ▪ Peer pressure increases– clothing, language, music, belonging in or out of a group/clique ▪ Worries about school ▪ Sarcasm grows ▪ Boys engage in horseplay, practical jokes ▪ Collects things 	<ul style="list-style-type: none"> ▪ Craves adult connection even while fighting for their own identity; needs adults to listen and negotiate rules and requirements ▪ Often embarrassed to be seen with parents; fiercely critical of parents’ dress, habits, friends, and ideas ▪ Adult personality continues to develop ▪ Crams as much into each day as they can ▪ Typically loud and rambunctious ▪ Are in a “know-it-all” stage, in which they especially dislike and respond poorly to adult lectures, feeling they know what will be said once they hear the first few words ▪ Without safe rites of passage, some may drift toward alcohol and drugs ▪ Can be a pain at home and a star at school

Embrace the challenge of leadership through cultivating knowledge, empathy, and citizenship.

Hesby Oaks Leadership Charter